**BIOGENA Vitamin C 500 buffered GOLD**

**The stomach-friendly vitamin C complex\*\***

**Vitamin C - the classic immune-system support\*\***

Vitamin C is primarily known for its effect on the immune system. However, vitamin C can do more than that and is involved in many other processes in the body. Through its role in collagen formation, the water-soluble vitamin supports the normal functioning of the blood vessels. Furthermore, it is important for our antioxidative defense system: It contributes to protecting the cells against oxidative stress and recycles used vitamin E.\*\*

**Vitamin C 500 buffered GOLD - premium class vitamin C**

The best-known form of vitamin C is ascorbic acid. Due to its strongly acidic properties, it can irritate the sensitive mucous membranes in the stomach. Vitamin C 500 buffered GOLD, on the other hand, contains a stomach-friendly mixture of naturally occurring vitamin C metabolites, including the natural vitamin C companion “L-threonate”. This calcium ascorbate-L-threonate complex is well absorbed and stays in your system longer than regular vitamin C.\*\*

**Biogena Vitamin C 500 buffered GOLD – what is it?**

Biogena Vitamin C 500 buffered GOLD is a blend of vitamin C and various flavonoid compounds to provide enhanced vitamin C support. It contains a natural vitamin C complex that is well absorbed and lasts longer than regular vitamin C. This non-acidic, stomach-friendly vitamin C complex is also recommended for sensitive individuals. \*\*

**Biogena Vitamin C 500 buffered GOLD**

* Premium class vitamin C: easily absorbed, stomach-friendly, long-lasting immune support\*\*
* Supports the immune and the antioxidant system\*\*
* For skin, blood vessels and gums\*\*
* Increases the uptake of iron\*\*
* Helps reduce tiredness and fatigue\*\*